

Christchurch Fresh Product Guide

July 2026



Good
Honest

Wholesale Bakery

goodhonest.co.nz

Breads

As it
should
be.



White Tin Loaf - Long Sliced



Multigrain Loaf



Brioche Loaf - Toast Sliced



Ciabatta Slipper



Baguette



Honey Linseed Sourdough



Seeduction Loaf - Toast Sliced



Turkish Bark



White Cobb Loaf



Product
Code

White

Tin Loaf 650g  

LOWT

Cobb Loaf (Round) 200g 

LOCB

Multigrain

Tin Loaf 600g  

LOMG

Wholemeal

Tin Loaf 740g  

LOWH

Brioche

Tin Loaf 550g 

BRLO

Ciabatta

Baguette 400g 

CIBG

Slipper 450g 

CILO

Focaccia

Round 740g

FORD

Slab 1.5kg

FOSB

Turkish

Loaf 450g 

LOTU

Rye

Loaf 580g  

LORY



Product
Code

Sourdough

Baguette 450g ⑤

Batard 700g ⑤

Honey and Linseed 700g

BG

BT

LOHL

Speciality Loaves

Sage and Onion Pull Apart 250g

Olive 640g ⑤

Twin Loaf – Sourdough / White 700g ⑤ ☞

Triple Loaf – White / Wholemeal / Focaccia 200g

Seeduction – Toast Sliced 530g ⑤

PUSA

LOOL

TL

LOTP

LOSE

Dough

Pizza Dough 1kg ⑤

Brioche Dough 1kg

DOPZ

DOBR

Lavosh Style Cracker

Turkish Bark - 6 x 16 Pack ⑤

Turkish Bark - 16 Pack ⑤

Turkish Bark - 16 x 5 Pack ⑤

BKTU6

BKTU16

BKTU5x16

Buns, Baps and Bagels

As it
should
be.



Plain Bap - Standard



Milk Bap



Charcoal Bap



Wholemeal Torpedo



Po Boy



Brioche Slider



Cheese Panini



Ciabatta Roll



Sesame Bagel



Product
Code

Rolls

Ciabatta 130g 
Ciabatta 65g 
Focaccia 100g
Multigrain Dinner 40g 
Multigrain 65g 
Multigrain 110g 
White Soup Roll (Round) 50g 
Seeded Pocket 85g 
Sourdough Batard 170g 
Turkish 130g 

ROCI
ROCI80
ROFO130
ROMG50
ROMG80
ROMG130
ROSO
PKSE
BT200
ROTU

Baps

Bobby 65g 
Brioche 85g
Plain Standard 75g 
Plain Large 100g 
Plain X-Large 120g 
Milk 80g
Milk No Seeds 80g
Sesame Seeds 100g

BP80
BPBR
BPPL100
BPPL130
BPPL150
BPML
BPMLNOS
BPSS130

Veggie Baps

Charcoal 85g 
Beetroot 85g 

BPBK
BPBE



Product
Code

Subs

- White Torpedo 100g ⑤
- Wholemeal Torpedo 100g ⑤
- Ficelle 100g ⑤
- Po Boy 110g ⑤
- White Long 150g ⑤

- TOWT
- TOWH
- FI
- PO
- ROWTL

Sliders

- Brioche 25g
- Square 25g ⑤
- Sesame 25g ⑤
- Charcoal 25g ⑤
- Beetroot 25g ⑤

- SLBR
- SLSQ
- SLSS
- SLBK
- SLBE

Paninis

- Plain 90g ⑤
- Cheese 90g
- Pesto 90g

- PAPL
- PACH
- PAPE

Bagels

- Plain 130g ⑤
- Sesame Seeds 130g ⑤
- Sunflower Seeds 130g ⑤
- Mixed Grain 130g ⑤
- Parmesan 130g

- BAPL
- BASS
- BASF
- BAMX
- BAPA

Breakfast Muffins

- English 75g ⑤
- Ciabatta 75g ⑤

- EN
- ENCI

Pretzels and Pastries

As it
should
be.



Pretzel Bap - Standard



Pretzel Torpedo



Pretzel Slider



Garlic Parmesan Pretzel Knot



Toffee Apple and Custard Danish



White Chocolate and Biscoff Scroll



Almond Croissant



Cheesy-mite Scroll



Cinnamon Escargot



Product
Code

Pretzels

Bap Small 40g 	PRBP50
Bap Standard 85g 	PRBP100
Bap Large 100g 	PRBP130
Bap X-Large 120g 	PRBP150
Ficelle 100g 	PRFI
Torpedo 100g 	PRTO
Slider 25g 	PRSL
Garlic Parmesan Knot 110g	PRGP
Parmesan and Cheese Knot 110g	PRPA
Rock Salt Knot 110g 	PRRS
Sesame Knot 110g 	PRSS

Pastries

Baby Croissant 30g	CRBB
Large Croissant 100g	CRLG
Almond Croissant - Large 140g	CRAL
Toffee Apple and Custard Danish 70g	DAAP
Blueberry and Custard Danish 70g	DABL
Chocolate Danish 70g	DACO
Chocolate Danish Petite 35g	DACOB

Scrolls

Cheesy-mite Scroll 100g	SRCM
Cheese and Pesto Scroll 100g	SRPE
Sage and Onion Scroll 100g	SRSA
Cinnamon Escargot 120g 	ESVG
White Chocolate and Pistachio Dipped Scroll 100g	SRWP
Chocolate and Hazelnut Dipped Scroll 100g	SRCH
White Chocolate and Biscoff Dipped Scroll 100g	SRWB

As it
should
be.

Sweet Treats



Mixed Macarons



Orange and Almond
Mini Baby Cake



Chocolate Muffin



Raspberry and White
Chocolate Muffin



Savoury Scone



Raspberry Friand



Sticky Caramel Slice



Oaty Ginger Slice



Dubai Chocolate Slice



Product
Code

Macarons

- Blueberry 24 pack (V) (GF)
- Chocolate 24 pack (GF)
- Lemon 24 pack (GF)
- Raspberry 24 pack (GF)
- Salted Caramel 24 pack (GF)
- Vanilla 24 pack (GF)
- Mixed 24 pack - 4 of each flavour (GF)

MABL
MACO
MALE
MARA
MASC
MAVA
MAMIX

Mini Baby Cakes

- Mocha Mud 115g - 16 pack
- Carrot 115g - 16 pack
- Orange and Almond 115g - 16 pack (GF)

CAMOB
CACAB
CAOAB

Sweet Treats

- Booty Bar 100g - 12 pack (V) (GF)
- Lemon and Blueberry Friand 85g - 15 pack (GF)
- Raspberry Friand 75g - 15 pack (GF)

BARBT12
FRLB15
FRR15

Muffins

- Blueberry and Apple Crumble 160g
- Carrot Cake 160g
- Chocolate 130g
- Raspberry and White Chocolate 150g

MFBA
MFCA
MFVG
MFRW

Scones

- Date 120g
- Savoury 120g
- Cheese 120g

SCDA
SCSV
SCCH



Product
Code

Slices

- Sticky Caramel Slice - 15 pack
- Oaty Ginger Slice - 15 pack
- Dubai Chocolate Slice - 15 pack
- Lolly Cake Slice - 15 pack

SICA
SIOG
SIDC
SILC



Good to know



* Our Gluten Free items are made using Gluten Free ingredients, but are baked in the same premises as gluten so may contain traces of wheat/gluten.

Deliveries

We deliver 6 days a week (Public Holidays may affect this).
Minimum order amount per day before GST is \$20.00.
Freight fee of \$3.50 charged per order.

Ordering

Cut off time for delivery the following day is strictly 2.30pm.
Orders must be placed on-line through Fresho or an admin fee may apply.

Products

All product weights are baked weights.
Our products are predominantly hand shaped and made from natural starters.
Whilst all effort is made to be consistent in shape and size, there may be occasional variances due to the organic nature of the dough.

Product list is effective from July 2026 - we reserve the right to change any of the products within this product guide.